



Modeling 101
conclusion

Babes! I hope you have received SO much value from this packet, as I have absolutely loved sharing my experiences, tips, and tricks with you! If I had to summarize this entire course into three main points, here's what they would be:

shake what your mama gave you!

#1

In other words, work what you've got and be confident in yourself! **Confidence is a skill** - it's like a muscle you can train and strengthen. Your differentiating factor from every other model, content creator, and influencer out there is *your essential YOU-ness*. No one else has exactly what you have. The world needs your gifts and talents. If confidence doesn't come naturally to you, that's ok! At the end of this chapter I'm going to offer you a way to work with me one-on-one to deepen your connection to, appreciation for, and love of yourself. It's not necessarily easy, but **the reward is well worth the work.**

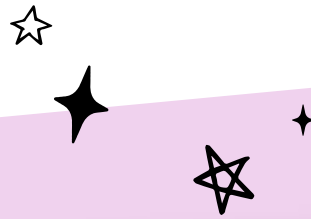


struttin' out of this course like...

#2 **prepare** prepare prepare

This one is probably no surprise - I talked about the advantages of preparation in practically every lesson. That's because it can't be overstated. You will never regret the preparation you do prior to a gig or casting, but you may **seriously** regret not preparing enough.

When you're prepared, you're calm, and when you're calm, you're confident, and when you're confident, you **SLAY.** 'Nuff said 😏





just be nice. literally.

#3 It's that simple. Your physical attributes are not the only thing that make an impression in this industry. I've seen it so many times: someone starts getting a bit of success in the modeling world - getting consistent work, commanding higher fees, etc. - and it goes straight to their head. They become more difficult to work with, and *word gets around*.

Here's the thing: there is always going to be another model with the same measurements as you, the same type of look, the same level of experience. When it comes down to it, clients are going to choose the model *they'd rather work with*. This is a critical piece of "making a name for yourself." Gaining a reputation for being friendly, easy to work with, and collaborating well with other creatives is worth its weight in gold!

it doesn't end here...

I sincerely hope you've had a great time learning about the modeling industry from my specific perspective, and that I've helped you find some clarity about what you want your position in this exciting world to be. I would LOVE to hear about what you found the most valuable, as well as answer any questions you may have about any of *Modeling 101*'s content.

If you have questions for me, you can email me at alexa@alexaphelece.com or DM me on Instagram ([@alexaphelece](https://www.instagram.com/alexaphelece)). I'd love to hear from you, and perhaps your contributions will help shape the next course I create...

If you're revved up and ready and take the next step in your modeling career, I'm also offering a limited number of **one-on-one coaching** spots for graduates of this course. Even if you're not interested in pursuing this as a career, but know you could use help with building your confidence muscle and upping your body love game, this coaching is perfect for you! These are areas where I've struggled in my life too, and I wish there had been a mentor there to help me when I was first starting out. If that sounds like something that would bring value to your life, I would love to work with you!

I'm sending so much love to each beautiful one of you!

Til next time,

xoxo,
alexa
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